Brookstone Building 16601 Blanco Road, Suite 219 San Antonio TX 78232 Phone: 210-590-9800 Fax: 210-590-9166 Email: sylviaclemons@sbcglobal.net

## **Informed Consent and Release**

I, \_\_\_\_\_\_, hereby authorize *Sylvia Clemons, LPC, LCDC,* to disclose and/or obtain records and/or information concerning: • \_\_\_\_\_ myself OR • \_\_\_\_\_ (if client is a minor, name of client) to/from \_\_\_\_\_\_. I understand that such disclosure will be limited to information regarding diagnosis, treatment plan, estimated length of treatment, and/or progress during treatment.

This consent is subject to revocation by the undersigned at any time except to the extent that action has already been taken in reliance hereon. If not earlier revoked, this consent will terminate one year following the date below.

I acknowledge that I have read and understand the foregoing and I sign this Informed Consent and Release this \_\_\_\_\_ Day of \_\_\_\_\_, 20\_\_\_\_.

Client
Client's Representative (if client is a minor)

Witness